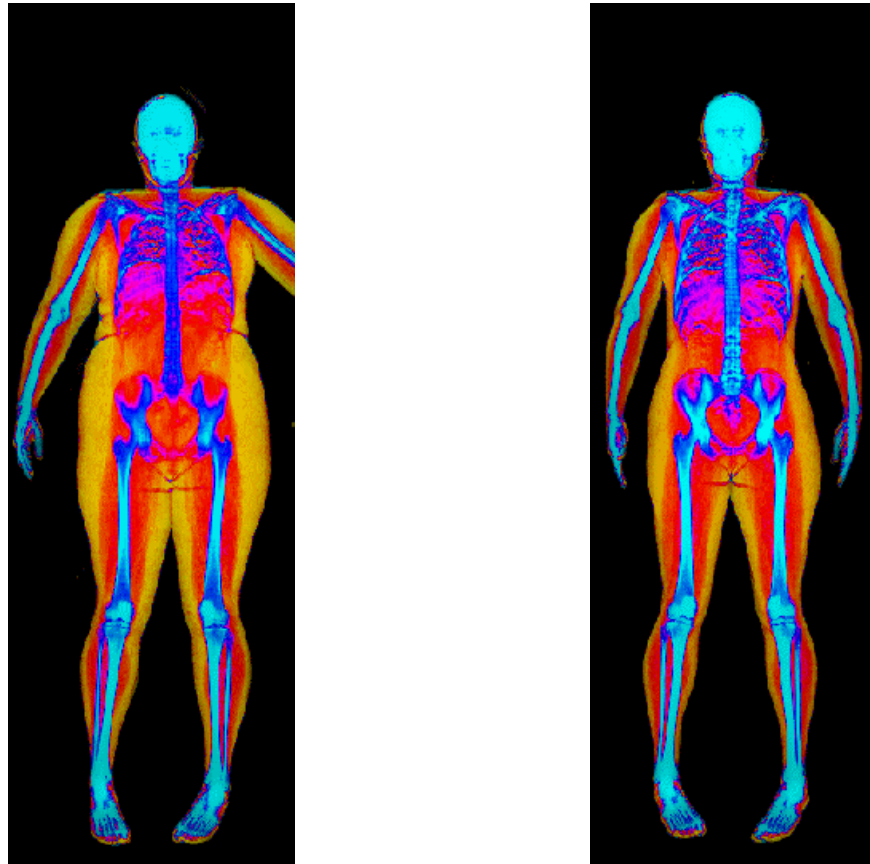
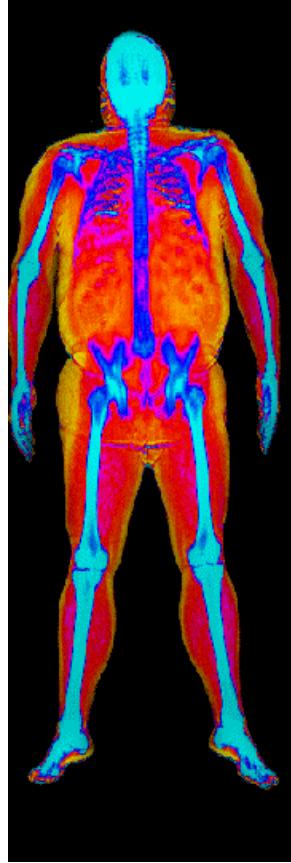


Body comp images narrative.

The story of these two people and their body composition images says a lot. We are made up of many different parts. Imaging by DXA technology can help us see what we're made of. That's why we use DXA to medically evaluate weight loss. The blue portions are bone, the red portions are muscle and the yellow portions are body fat.



Cathy lost 41 pounds of body fat, 11 inches from her waist and a bunch of dress sizes. She started out with obesity and achieved a normal weight. It took one year to do it but she has kept her weight off for more than two years after losing it. During this time she gained lean body mass. Lose the fat while building muscle and bone – that's the way to do it. She began participating in triathlons and her fitness improved dramatically. Awesome!



Sam began his journey at age 67 years. He lost 38 pounds and 8 inches off his waist in five months. He had prediabetes and this became normal. His blood pressure and cholesterol improved a lot. He felt great and was able to hike to his favorite alpine fishing spots without difficulty. You are never too old for a healthy weight and a healthy life!